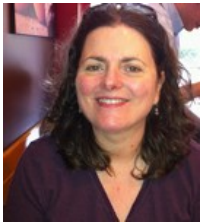


February 2016 Newsletter



CATHOLIC PARISH OUTREACH

A message from Terry Foley



Happy New Year to our CPO Family!

As we begin our 39th year of serving the poor of our community, I am amazed by how we've grown and changed to meet the needs of our neighbors over the years. In 1985 we served an average of 448 people a month, compared to 9,639 people a month in 2015. In our long history, this is only the 4th time that our yearly numbers have declined. Since the recent great recession is over, I hope a continued decline or leveling

out will be in our future. The reduction in numbers is another opportunity to increase the amount of groceries we are giving to families. At one time we gave as much as 27 pounds of groceries per person, but during the recession it dropped to 18 pounds per person.

I believe that the most inspirational year-end statistic is that 1,900 volunteers donated 47,891 hours at our food pantry! This equals \$679,094 worth of labor. A staff of 3.5

people cannot manage and run food and clothing distribution to almost 10,000 people a month; this is why I love the volunteer quote "Volunteers don't get paid, not because they're worthless, but because they are priceless."

Thank you for your devotion to serving our less fortunate neighbors. Please continue to keep our ministry and clients in your thoughts and prayers. May God bless you.



Words of Wisdom & Artwork volunteer Judy Lamanna

OPTIMISM IS THE PUREST FORM OF FAITH!

AT OUR CREATION WE WERE DESIGNED TO BE A CUP MADE TO HOLD LOVE FOR GOD, AND BE IN A LOVING RELATIONSHIP WITH HIM!

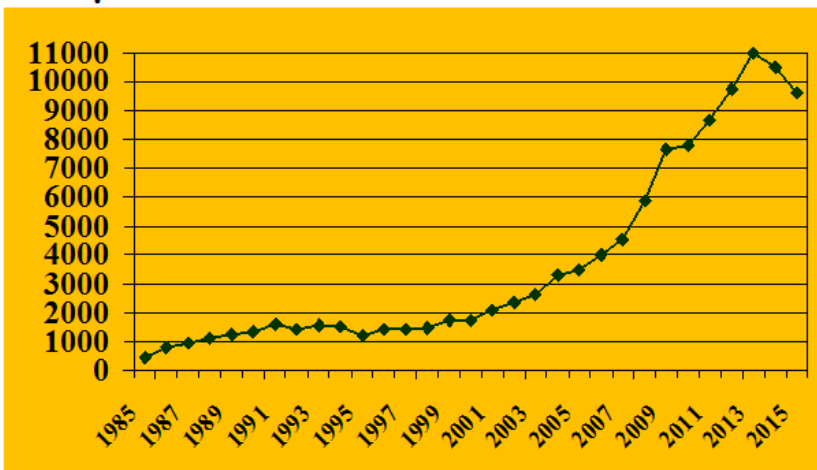
WHEN WE LEARN OF THE TEACHINGS OF HIS SON JESUS, THAT CUP IS FILLED WITH THE KNOWLEDGE AND GRACE NEEDED TO GIVE GOD'S LOVE TO OTHERS; FOR IT IS FULL OF HIS COMPASSION AND HIS FORGIVENESS.

WE BECOME HUMBLE OPTIMISTS BECAUSE: "WITH GOD ALL THINGS ARE POSSIBLE."



112% Increase in the Average # of People Served Per Month since 2007

Average # of People per Month



Calendar Year



CATHOLIC PARISH OUTREACH FEBRUARY 2016 NEWSLETTER

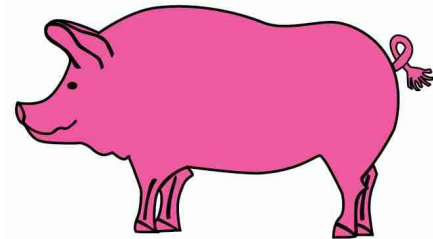
Christmas Honor Card Results



The Christmas honor card campaign raised **\$72,425** for our food pantry! What an amazing amount, and it is up 14% from last year. This will go a long way to

help us with the cost of around \$385,000 on food this fiscal year (ends June 30). What a blessing that so many people chose to honor their loved ones and friends by making a donation to us. Many people made this project possible: thanks go out to Charlotte Campbell, Myra Bradley, Clarrissa Galvin, Dave Frohnapple, our Resource Committee, and many others who made it possible for us to handle all the orders and thank you letters. We especially appreciate the artwork donation of The Franciscan School student Paige Sundlof.

SAVE THE DATE: SATURDAY APRIL 30 3RD ANNUAL PIG PICKIN



Blast From the Past



Back in 2004, volunteer Tony Hamerka was awarded the state volunteer of the year award. Our food pantry was given \$10,000 in his honor. The photo was taken at our old location on Noblin Rd. Tony passed away several years ago.



United Way of the Greater Triangle Certified Community Impact Partner

Donation Highlights

- Cathedral Baby Shower: 892 lbs. of children's items & \$1,624
- Diocese Love My Life Youth Rally: 6 corrals of diapers, 1 for CPO and the rest went to the other 7 regional Catholic Charities offices
- Alpha Kappa Alpha Sorority, Alpha Theta Omega Chapter donated 48 lbs. of peanut butter and 135 quarts of powdered milk
- St. Mary Magdalene Y-Guides & Knights raised \$1,200 to purchase 60 children's coats
- Cardinal Gibbons High School: \$890 from dress-down day
- United Way in partnership with Saint Augustine's University held a large MLK day diaper drive: 6,048 diapers & 10,780 wipes

Tweet from Pope Francis

The Gospel calls us to be close to the poor and forgotten, and to give them real hope.





CATHOLIC PARISH OUTREACH FEBRUARY 2016 NEWSLETTER

Quote from Martin Luther King Jr.



Life's most urgent question is: What are you doing for others?



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Beyond the numbers: Josefina

It was Josefina's first time visiting CPO, and she was visibly in distress. She shared that her company is downsizing, and her last day of work will be Jan. 31. Josefina is bilingual and has a professional job, but she is very worried about paying all the bills, and feeding her 2 teenage children, until she finds new employment. The unemployment compensation will not be enough to make ends meet. In addition to helping the family with groceries, we told her about the Family Table program that could help connect her with work resources, and a list of other agencies in our community that can help. Josefina was so grateful for our kindness and help.



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Stats for December and Year End

	Dec 2014	Dec 2015	2014 YE	2015 YE
Households served	2,970	2,747	34,954	32,042
People served	10,750	10,094	126,201	115,663
Total clothing	1,057	895	12,127	9,810
Total diapers	638	553	7,487	10,705
Total volunteer hours	3,592	4,254	49,786	47,891
# of new volunteers (includes groups & youth)	77	59	779	875

Note: On average a family visits CPO 2.9 times a year