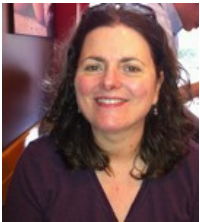


September 2015 Newsletter



CATHOLIC PARISH OUTREACH

A message from Terry Foley



As September approaches, in response to National Hunger Action Month, it is time for our 7th annual H₂O for Hunger Challenge. **This year CPO Friends will match gifts up to \$25,000!** If we meet our goal of raising \$25,000, friends will match the amount, doubling the donations to be used for feeding families in our community.

Participating in the challenge is easy!

- Substitute tap water for your usual drinks for one week Sept. 21-27.
- Make a tax deductible donation to CPO with the money saved, or just make a donation. Please note H₂O for Hunger in the memo line on checks.

- Challenge others to join the effort!

This year it is even more urgent that we meet the challenge. Our close community partner, the Inter-Faith Food Shuttle, has for many years been providing a large portion of our groceries at no charge. This summer they started charging a shared maintenance fee (like the Food Bank), to help cover their expenses. It is important that we raise the money to cover these extra costs, so we will not need to cut back on the food that we purchase wholesale. With your help, I know we can meet the challenge.

September is going to be a busy month, because it's also time for **our annual pot luck dinner anniversary celebration**. We have served the community for 38 years! The dinner is

Thursday September 17 at the Our Lady of Lourdes Fallon Center. Please see the invitation for details and RSVP instructions, which are included with this newsletter.

Thank you for your devotion to serving our less fortunate neighbors. Please continue to keep our ministry and clients in your thoughts and prayers. May God bless you.



Words of Wisdom & Artwork volunteer Judy Lamanna

A TOY TRUCK LOOSES A WHEEL; THE CHILD GIVES IT TO HIS DAD AND SAYS: FIX IT FOR ME, DAD. FIVE MINUTES GO BY AND THE BOY STARTS CRYING FOR HIS TOY BACK. HE STILL WANTS IT FIXED, BUT CRIES FOR IT TO BE FINISHED NOW!

WE ARE ALL LIKE THIS WHEN WE PRAY. WE WANT THE ANSWER NOW! WE MUST BE SPIRITUALLY MATURE ENOUGH TO WAIT ON THE LORD.

TRUST HIM WITH IT. PREPARE TO WAIT AWHILE! HE IS WORKING ON IT!

**Save the date:
CROP Walk
Sunday October 25**



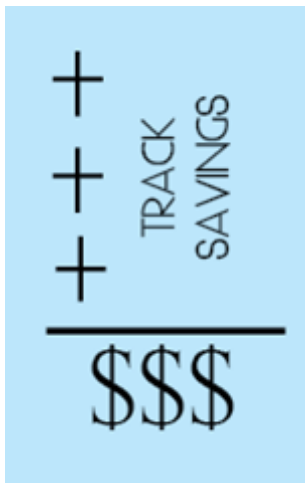
FOR ONE WEEK September 21-27, 2015

H2O FOR HUNGER CHALLENGE

commemorating National Hunger Action Month

REPLACE YOUR PREFERRED BEVERAGE

WITH TAP WATER



CPO Friends will match funds up to \$25,000!



Providing Help.
Creating Hope.

Catholic Charities
of the Diocese of Raleigh



You and your family are invited

Sept. 17 @
6:00pm

to our 38th Anniversary Celebration

Catholic Parish Outreach's
Big Annual Potluck
Bring your favorite dish



To be held at
Our Lady of Lourdes
Catholic Church
Fallon Center
2718 Overbrook Dr.

RSVP to Kathy by Monday Sept. 14
Email: CPOvol.Coordinator@raldioc.org

Directions to Our Lady of Lourdes:

- From I-440 take the Six Forks Rd. South exit
- Turn right onto Anderson Dr. (about 1 mile)
- Turn left onto Overbrook Dr. (about 1/2 mile)
- The church & Fallon Center are on the left





CATHOLIC PARISH OUTREACH SEPTEMBER 2015 NEWSLETTER

A message from Rick Miller-Haraway



I am very excited to announce that Catholic Charities is going to have a new staff position at Catholic Parish Outreach beginning in September. As part of our strategic planning process this past year, we conducted client surveys and focus groups and asked CPO clients what other services they most needed other than food and clothing. Apart from financial assistance, the most frequent response was help getting a job. Last calendar year, 11,364 adults who were served at CPO said they were unemployed. The strategic plan, which is in the final stages of development,

recommends that CPO begin offering services such as assistance obtaining employment, nutrition education, and more. Thus, Catholic Charities applied for and received funding from United Way to hire a Case Manager/Care Coordinator to connect our clients to services at one or more of 5 agencies which are part of a collaboration aimed at helping CPO clients obtain employment. StepUp Ministry and Dress for Success will be providing job training and help connecting with potential employers. Alliance Medical Ministry will be providing medical care to the adults who lack insurance. Since care of children is essential for parents to be able to go to work, The Boys and Girls Club will be providing after-school care for school age children, and the Child Care Services Association will be consulting with our clients to help them locate childcare for their

pre-school children. The Catholic Charities Care Coordinator will be screening and assessing CPO clients to determine who will be best served by the services of these 5 agencies. The Care Coordinator will then work with the Care Coordinators of these agencies to insure that people get easy access to services and to encourage them to work to overcome the barriers to their employment. Please pray for the success of this new and exciting endeavor for Catholic Parish Outreach clients.

Rick Miller-Haraway, Director of the Raleigh Regional Office Catholic Charities

Tweet from Pope Francis

Christian witness is concrete: words without actions are empty.



Donation Highlights

• St. Michael food drive:	3,554 lbs. of groceries & \$7,271
• St. Mary food drive:	2,209 lbs. of groceries & \$2,007
• Delta Dental on Six Forks Rd.:	144 toothbrushes
• St. Raphael Prayer Shawl Ministry:	47 children's handmade hats, sweaters & blankets



CATHOLIC PARISH OUTREACH SEPTEMBER 2015 NEWSLETTER



Our Lady of Lourdes Mission Camp, who volunteered in August



Need to miss your scheduled volunteer day and can't find a sub? Please contact Volunteer Coordinator Kathy Barnack. Her contact information is below; you can call, e-mail, or text her. When texting, please remember to include your name.



Follow Catholic Parish Outreach!
 Facebook (Catholic Parish Outreach)
 Twitter (www.twitter.com/cporaleigh)
 Instagram (catholicparishoutreach)



Kelly, Kathryn, and Terry: Our JVC Kathryn's last day at CPO

Terry Foley, Program Director
 E-mail: foleyt@raldioc.org

Kelly Rappl, Assistant Program Director
 E-mail: Kelly.Rappl@raldioc.org

2013 N. Raleigh Blvd.
 Raleigh, NC 27604
 Phone: 919-873-0245
 Fax: 919-872-0260
 Website: www.cporaleigh.org

Kathy Barnack, Volunteer Coordinator
 Phone/E-mail: 919-847-1466
 E-mail: CPOvol.Coordinator@raldioc.org

Stats for July

	July 2014	July 2015	YTD
Families/Referrals	3,053	2,784	18,070
People served	10,958	9,730	65,613
Total clothing	1,104	962	6,125
Total diapers	645	440	3,501
Total volunteer hours	4,656	4,657	27,233
# of new volunteers (includes groups & youth)	68	85	480
Note: On average a family visits CPO 2.9 times a year			